

Water served throughout the day and milk served with snack. Please check products you use for allergen



Week three	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereal with milk and toast	Selection of cereal with milk and toast	Selection of cereal with milk and toast	Selection of cereal with milk and toast	Selection of cereal with milk and toast
Morning snack	Clementines and rice cakes	Apples and cheese	Banana and apple	Pear and peaches	Oranges and breadsticks
lunch	Tex Mex 3 bean chilli and Jacket potato served with tortilla chips Vegetarian Same	Chicken pie with mashed potato and seasonal veg Vegetarian Same using Quron as a substitute	Chicken and chickpea curry served with rice and poppadom's Vegetarian Same using tofu as a substitute	Sausage and butter bean bake served with new potatoes, sweetcorn, and carrots. Vegetarian Same using Quron sausage pieces as a substitute	Sweet and sour chicken noodles served with broccoli and baby corn Vegetarian Same using Quorn chicken pieces
Dessert	Peaches and cream	Natural yoghurt with fruit puree	Watermelon	Fromage frais	Carrot cake
Afternoon snack	Cheese and rice cakes	Breadsticks with pepper and carrot batons	Pitta slices, hummus and cucumber	Breadsticks and banana	Rice cakes, cream cheese and apple slices
Tea	Homemade sausage rolls served with veggie fingers Vegetarian Same Homemade shortbread apricot biscuits	Soup with crusty loaf Vegetarian same Pear and plum slices	Pizza muffins with side salad Vegetarian cheese and tomato toasted tortillas Mousse	Ham and cheese toasties with vegetable sticks Vegetarian Mushroom and cheese toasties or Tomato and cheese toasties Melon	Quiche served with side salad Vegetarian Same Fruit medley

ALLERGENS

1. Celery 2. Cereals 3. Crustaceans 4. Eggs 5. Fish 6. Lupin 7. Milk 8. Molluscs 9. Mustard 10. Nuts 11. Peanuts 12. Sesame seeds 13. Soya 14. Sulphur Dioxid