

Water served throughout the day and milk served with snack. Please check products you use for allergen



Week four	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereal with milk and toast	Selection of cereal with milk and toast	Selection of cereal with milk and toast	Selection of cereal with milk and toast	Selection of cereal with milk and toast
Morning snack	Satsumas and melon	Apples and pears	Banana and rice cake	Pears and pineapple	Oranges and peaches
lunch	Turkey burgers, potato wedges served with sweetcorn and peas Vegetarian Same using vegetable patty as a substitute	Hearty stew and dumplings with root vegetables and crusty loaf Vegetarian Same using quorn mince as a substitute	Sausage lattice, sweet potato mash served with green beans Vegetarian same using quorn sausage as a substitute	Chicken and Mushroom alfredo pasta served with broccoli and garlic bread Vegetarian Mushroom and pea alfredo served with broccoli and garlic bread	Sweet potato, chickpea and spinach curry served with rice Vegetarian Same
Dessert	Melon	Fruit Jelly	Fromage frais	Fruit salad	Banana cake
Afternoon snack	Rice cakes, cream cheese and cucumber	Breadsticks with veggie fingers	Crackers with pear slices	Pitta slices, hummus, and carrot batons	Rice cakes and Pear slices
Tea	Ravioli Vegetarian Same Fromage frais	Mini Tuna Tortilla calzones Vegetarian same Pineapple fingers	Jacket Potato served either beans and cheese or tuna Crunch filling Vegetarian Same Rice pudding	Beans and mushrooms on Toast with cucumber slices Vegetarian Same Apples	Pizza crumpets Vegetarian Same Watermelon wedge

ALLERGENS

1. Celery 2. Cereals 3. Crustaceans 4. Eggs 5. Fish 6. Lupin 7. Milk 8. Molluscs 9. Mustard 10. Nuts 11. Peanuts 12. Sesame seeds 13. Soya 14. Sulphur Dioxide